

ABSTRACT OF THE DISCLOSURE

In a wobble-format type optical recording medium 10 involving a guide groove 11 wherein the guide groove is allowed to meander over substantially the whole length thereof to form wobble, and wobbled intermittent sections 12 where there are no meandrous area are placed at predetermined positions in the wobble; a first wobbled intermittent section 12a for determining reference position is disposed at at least one reference position A in the optical recording medium, and furthermore, a second wobbled intermittent section 12b is disposed selectively at each predetermined position B apart from each reference position by a predetermined distance.

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